

BE SURE TO REVIEW AND DISCUSS

FIVE STAGES OF DYING

1. DENIAL  
NO, NOT ME.
2. RAGE AND ANGER  
WHY ME?
3. BARGAINING  
YES ME, BUT.....
4. DEPRESSION  
YES, ME.
5. ACCEPTANCE  
IT'S ALL RIGHT.

SEVEN STAGES OF GRIEF

1. SHOCK
2. DISORGANIZATION
3. EMOTIONS
4. GUILT
5. LOSS AND LONELINESS
6. RELIEF
7. RE-ESTABLISHMENT